

Patient Instructions for Stool Specimen Home Collection

Stools should only be collected once a day.

If your provider orders more than one stool specimen, please plan to collect them on subsequent days.

If you have to collect specimens over more than one day, you may transport all specimens to the Ascension Sacred Heart Laboratory or your nearest specimen drop off site, after the collection of the final specimen, as long as it is within 72 hrs (3 days) of the first date of specimen collection.

If your stool is collected in a sterile container, it must be transported to the Ascension Sacred Heart Laboratory within 2 hrs and refrigeration is not necessary.

1. Please read all of the instructions before beginning collection.
2. Open your kit and place all contents on a clean, dry, surface.
3. Place the collection device (toilet hat) on the inside rim of the toilet seat. *If you need to urinate, do so before preparing to appropriately position your collection device.*
4. Deposit stool sample into the collection device or any clean, dry container.
5. Open the cap of the designated collection container, collect a sample from the stool and place it into the designated collection container.
6. Securely close the collection container & do not reopen.
7. With the provided materials, please label each specimen collection container with your:
 - a. **First & Last Name**
 - b. **Date of Birth**
 - c. **Date & Time of specimen collection**
 - d. **Specimen Type: Stool**

****Excluding any of the above required information will delay testing and may require stool specimen recollection.**

8. Place the collection container into the biohazard specimen bag.
9. Place the sealed biohazard specimen bag into the larger non-transparent bag provided.

If you were given a set of pink & gray capped vials with liquid in them, you will need to place a sample from the stool in both vials until the liquid rises up to the red line on the vial. *Be careful not to discard any of the liquid present in the vial.* Securely close the lid, then give the vial a shake.

If provided with a sterile collection cup or white clean vial, simply deposit a sample from the stool into the container, securely close & do not reopen.

*If you have any additional questions or need assistance locating your nearest specimen drop off site, please call **Ascension Sacred Heart Laboratory Customer Service: (850) 416-7796.***

Stool Specimen Home Collection Kits can be obtained through your AMG provider's office or any Ascension Sacred Heart Lab Express Location.